

EN TUR I HAVEN
A WALK IN THE GARDEN

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Gåtur i haven

Natur, uberørt natur, det landlige, det grønne, det fysiske, det jordiske, altet. Jeg elsker at gå i naturen. Min hobby er at fotografere natur.

Men hvordan definerer vi egentlig begrebet natur? Og hvad er vores – menneskets – relation til naturen?

Det er en kompliceret problemstilling, fordi vi ofte benytter begrebet natur i flæng. Det betyder også, at selv om vi i fællesskab taler om natur og naturoplevelser, så kan vi have forskellige opfattelser af, hvad vi egentligt taler om.

I Danmark er opfattelsen ofte, at naturen er noget, der er placeret uden for de større byer, og som vi ikke selv er en del af, men med glæde kan bevæge os ud i, når vi ønsker at få naturoplevelser.

Jeg er kommet frem til det standpunkt, at naturen er det hele: Flora og fauna, skove og også landlige omgivelser præget af f.eks. landbrug og spredte bosætninger, ja selv storbyerne danner en form for natur.

Mennesket er jo selv en del af naturen. Forskerne har kortlagt menneskets og mange dyrs DNA. DNA er grundbyggematerialet,

og det taler jo for sig selv, at mennesket er en del af naturen, når vi f.eks. har 99 procents sammenfald i DNA med en mus. Vi ved jo også, at vores biokemiske sammensætning er så identisk med dyrearter, at medicinerne nu kan implantere dyreorganer i mennesker.

Det, vi definerer som et menneske, dig og mig, er én stor natur. Vi er ét menneske, men mange organismer. Faktisk har forskerne beregnet, at 90 procent af cellerne i vores kroppe er mikroorganismer. Du kan slet ikke leve uden disse venner. Bakterier, virus og andre typer mikroorganismer vejer omkring to kg i vores krop. De fleste lever i tarmen, og var de der ikke, så ville du heller ikke være i live.

Nu trænger jeg til at slappe af. Jeg tror, at jeg vil gå en tur ud i min have. Dejligt at høre vinden suse i de høje træer. Dejligt at nyde de søde sommerdufte fra blomsterne. Dejligt bare helt alene at gå stille rundt i haven.

OK, helt alene er jeg nu ikke. Der er jo fuglene, insekterne, sneglene, frøerne og de smukke sommerfugle. Og så fortæller forskerne i øvrigt også, at der i de øverste få centimeter af havemulden findes omkring 10-12 millioner bakterier pr. gram jord.

A walk in the garden

Nature, untouched nature, the rural, the green, the physical, the earthly, the universe. I love walking in the nature. My hobby is to photograph nature.

But how do we define the concept of nature? And what is our – the human being – relationship to nature?

This is a complex issue because we often use the concept of nature without defining it. It also means, that although we talk together about nature and nature experiences, we can have different views on, what we are talking about.

In Denmark, the perception is often, that nature is something which is located outside the major towns and of which we ourselves are not a part, but – with pleasure - can visit, when we want the nature experiences.

I think that nature is everything: The flora and the fauna, the forests and also a rural environment characterised by, for example agriculture and scattered settlements. Even the big towns represent a form of nature.

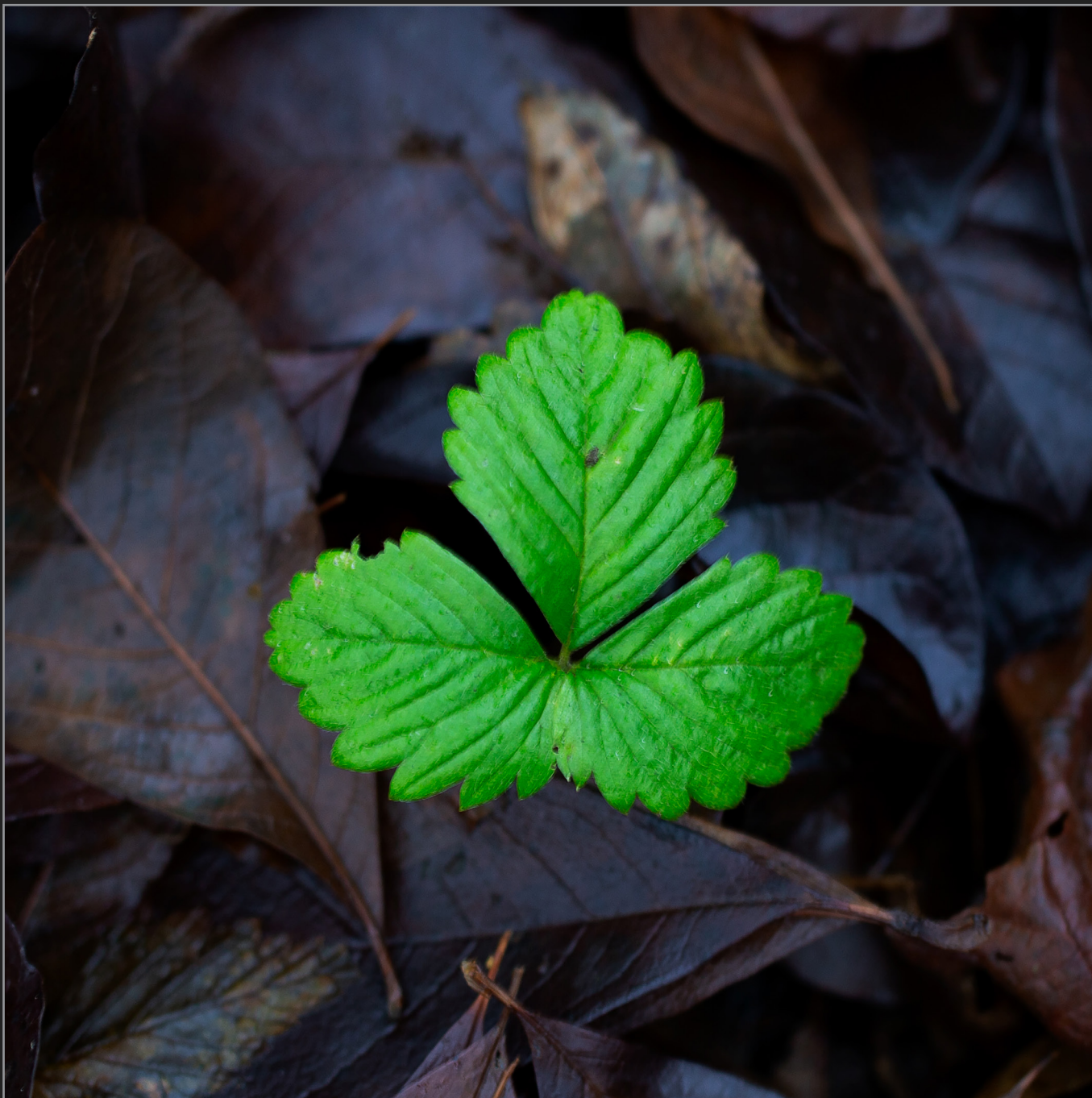
Man himself is part of nature. Scientists have mapped the DNA of humans and many animals. DNA is the basic building material, and it speaks for itself, that man is part of na-

ture when, for example, we have 99 per cent of the DNA in common with a mouse. We also know that our biochemical composition is so identical to animal species, that medicines now are able to implant animal organs in humans.

What we define as a human being, you and me, is a piece of nature. We are one human being, but many organisms. In fact, the researchers calculate, that 90 percent of the cells in our bodies are microorganisms. You cannot live without these friends. The weight of bacteria, viruses and other types of microorganisms comprise about two kilograms in our body. The most organisms live in the gut, and if they were not present there, you would not be alive either.

Now I need to relax. I think I will take a walk in my garden. Nice to hear the wind whistle in the tall trees. Nice to enjoy the sweet summer scents from the flowers. Nice just all alone to walk quietly around in the garden.

OK, all by myself, I am not. After all, there are the birds, the insects, the snails, the frogs and the beautiful butterflies. And the researchers also report that in the upper few centimetres of the garden soil there are about 10-12 million bacteria per gram of soil.



Sdr. Kongerslev, Østhimmerland, januar 2020 The village Sdr. Kongerslev, East Himmerland, January 2020



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Sdr. Kongerslev, Østhimmerland, april 2020

The village Sdr. Kongerslev, East Himmerland, April 2020



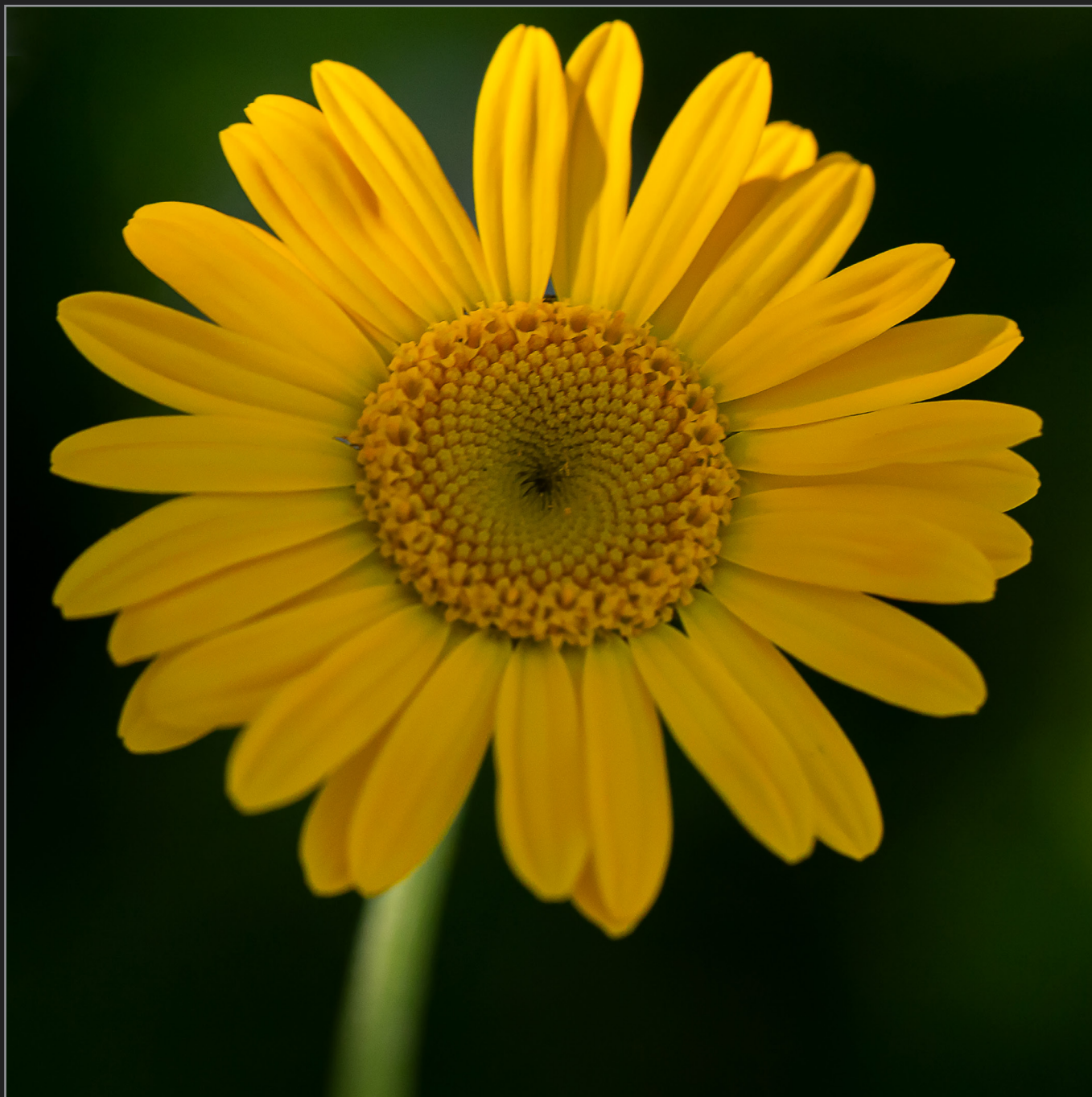
Sdr. Kongerslev, Østhimmerland, april 2020

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Sdr. Kongerslev, Østhimmerland, juni 2020

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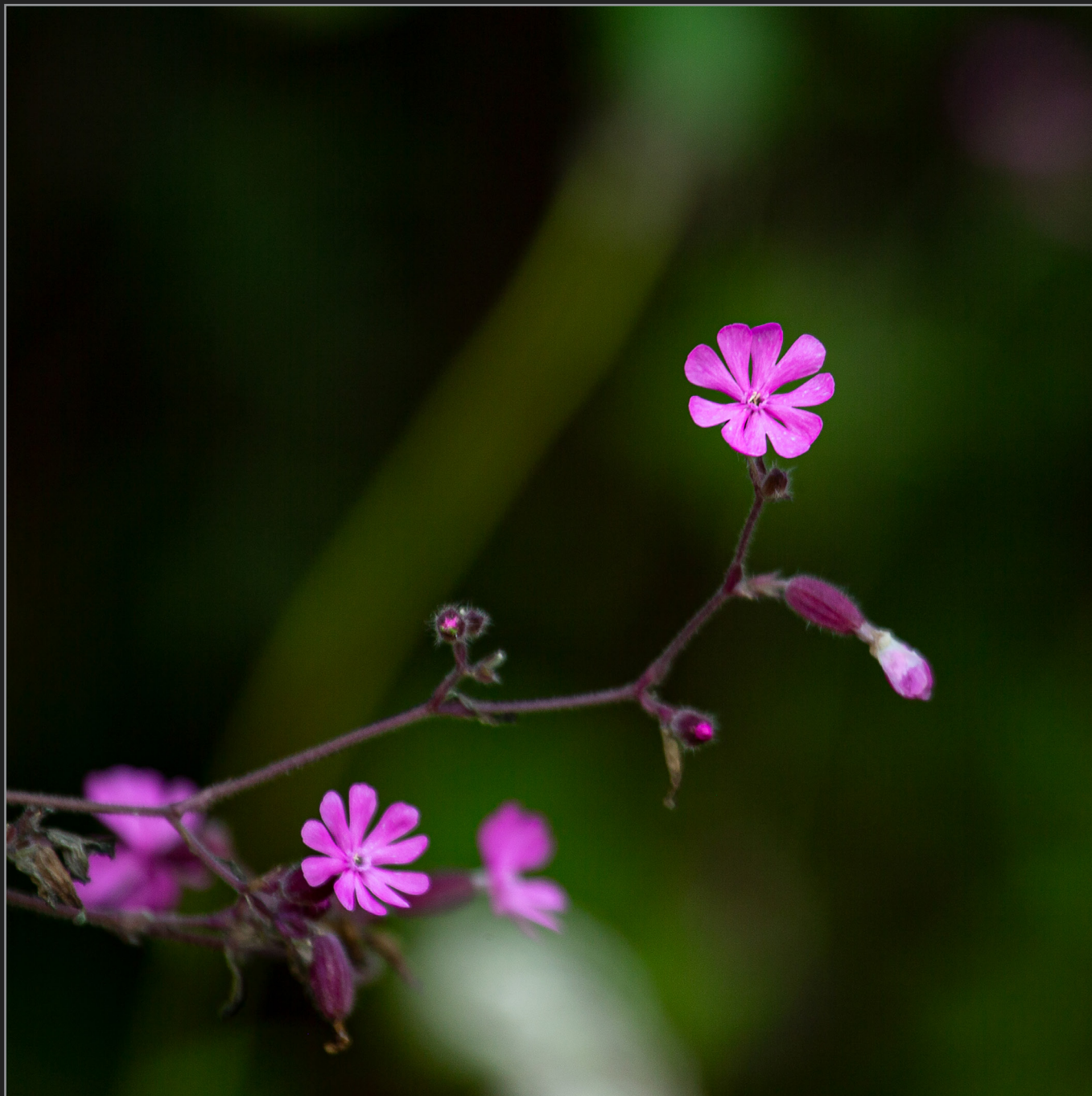
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KOLOFON

*Ugens foto: Gåtur i haven
Af Keld Jensen*

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COLOPHON

*Photo of the week: A walk in the garden
By Keld Jensen*

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